

## HEALTH & WELLBEING CAFE

ANERLEY TOWN HALL ANERLEY ROAD SE20 8BD

WED 14TH JUNE WED 28TH JULY WED 12TH JULY WED 26TH JULY

10:00 AM - 1:00 PM

JOIN US AT OUR CAFE FOR AN INFORMAL HEALTH AND WELLBEING SESSION:

- FREE HEALTH CHECKS
- SOCIAL PRESCRIBING
- REFRESHMENTS





























You are invited to attend our informal Health and Wellbeing Cafe but are also welcome to enjoy the space as you wish.

Penge PCN will provide Health and Wellbeing sessions with various healthcare professionals and services, with the chance for you to ask questions, as well as regular updates on what's going on across the network and how it can help you.

What is a Primary Care Network (PCN)?

A PCN is a group of general practices working together with a range of local providers across primary care, community services and social care to provide more personalised and coordinated health and social care for people, closer to home.

Penge PCN has six GP practices who work together with other Bromley-based health and social care providers.

## These practices are:

Oakfield Surgery
Park Group Practice
Anerley Surgery
Robinhood Surgery
Highland Medical Practice
Sundridge Medical Practice

